BEFORE THE BOARD OF PUBLIC EDUCATION OF THE STATE OF MONTANA

In the matter of the adoption of NEW)	NOTICE OF ADOPTION AND
RULES I through XIX and repeal of)	REPEAL
ARM 10.54.7010 through 10.54.7013,)	
10.54.7020 through 10.54.7023,)	
10.54.7030 through 10.54.7033,)	
10.54.7040 through 10.54.7043,)	
10.54.7050 through 10.54.7053,)	
10.54.7060 through 10.54.7063,)	
10.54.7070 through 10.54.7073,)	
10.54.7087 through 10.54.7098)	
pertaining to K-12 health and physical)	
education content standards)	

TO: All Concerned Persons

- 1. On June 3, 2016, the Board of Public Education published MAR Notice No. 10-53-276 pertaining to the public hearing on the proposed adoption and repeal of the above-stated rules at page 961 of the 2016 Montana Administrative Register, Issue Number 11.
 - 2. The board has adopted the following new rules:

NEW RULE I	ARM 10.53.701	HEALTH CONTENT STANDARDS
NEW RULE II	ARM 10.53.702	HEALTH STANDARDS FOR
		KINDERGARTEN
NEW RULE III	ARM 10.53.703	HEALTH STANDARDS FOR FIRST GRADE
NEW RULE IV	ARM 10.53.704	HEALTH STANDARDS FOR SECOND GRADE
NEW RULE V	ARM 10.53.705	HEALTH STANDARDS FOR THIRD GRADE
NEW RULE VI	ARM 10.53.706	HEALTH STANDARDS FOR FOURTH GRADE
NEW RULE VII	ARM 10.53.707	HEALTH STANDARDS FOR FIFTH GRADE
NEW RULE VIII	ARM 10.53.708	HEALTH STANDARDS FOR SIXTH THROUGH EIGHTH GRADES
NEW RULE IX	ARM 10.53.709	HEALTH STANDARDS FOR NINTH THROUGH TWELFTH GRADES
NEW RULE X	ARM 10.53.710	CONTENT STANDARDS FOR PHYSICAL EDUCATION
NEW RULE XI	ARM 10.53.711	DEFINITIONS
NEW RULE XII	ARM 10.53.712	PHYSICAL EDUCATION STANDARDS FOR KINDERGARTEN

NEW RULE XIII	ARM 10.53.713	PHYSICAL EDUCATION STANDARDS FOR FIRST GRADE
NEW RULE XIV	ARM 10.53.714	PHYSICAL EDUCATION STANDARDS FOR SECOND GRADE
NEW RULE XV	ARM 10.53.715	PHYSICAL EDUCATION STANDARDS FOR THIRD GRADE
NEW RULE XVI	ARM 10.53.716	PHYSICAL EDUCATION STANDARDS FOR FOURTH GRADE
NEW RULE XVII	ARM 10.53.717	PHYSICAL EDUCATION STANDARDS FOR FIFTH GRADE
NEW RULE XVIII	ARM 10.53.718	PHYSICAL EDUCATION STANDARDS FOR SIXTH THROUGH EIGHTH GRADES
NEW RULE XIX	ARM 10.53.719	PHYSICAL EDUCATION STANDARDS FOR NINTH THROUGH TWELFTH GRADES

- 3. The board has repealed ARM 10.54.7010 through 10.54.7013, 10.54.7020 through 10.54.7023, 10.54.7030 through 10.54.7033, 10.54.7040 through 10.54.7043, 10.54.7050 through 10.54.7053, 10.54.7060 through 10.54.7063, 10.54.7070 through 10.54.7073, and 10.54.7087 through 10.54.7098 as proposed.
 - 4. The effective date of these rules is July 1, 2017.
 - 5. The following comments were received.

<u>COMMENT 1:</u> Mr. Pat Audet, Associate Director, School Administrators of Montana, stated that SAM had reviewed the standards and is in full support. As a former health enhancement teacher he feels the standards support successful learning.

<u>RESPONSE:</u> The Board of Public Education thanks the commenter for his comments.

<u>COMMENT 2:</u> Ms. Nancy Stock, Executive Director of SHAPE Montana and a health education teacher in Florence, Montana, stated this was the first time health education was written into federal standards and is now considered to be part of a well-rounded education, allowing for more funding and diverse programs.

<u>RESPONSE:</u> The Board of Public Education thanks the commenter for her comments.

<u>COMMENT 3:</u> Ms. Marti Edgemond, a health K-6 teacher in Billings and a board member of SHAPE Montana, stated her support for the rules and that she appreciates the learner outcomes at each grade level and separate standards for each grade level.

<u>RESPONSE:</u> The Board of Public Education thanks the commenter for her comments.

<u>COMMENT 4:</u> Ms. Teri Wilkinson, a health teacher in Noxon, Montana and secretary of SHAPE Montana, stated her support for the rules and appreciates how adaptable the standards are for small and large schools.

<u>RESPONSE:</u> The Board of Public Education thanks the commenter for her comments.

<u>COMMENT 5:</u> Ms. Michelle Peterson, K-6 health teacher for Great Falls and a director of SHAPE Montana, stated the standards allow adaptability across schools so students can transfer seamlessly. She appreciates the grade level banding and how the health and physical education standards are separate.

<u>RESPONSE:</u> The Board of Public Education thanks the commenter for her comments.

<u>COMMENT 6:</u> Ms. Carrie Ashe, Director of the Montana State University Extension Nutrition Education, submitted testimony in support of the new health and physical education standards. She stated her belief that the standards will provide a framework for educator's efforts to ensure K-12 students in Montana have the knowledge and skills necessary for both health and physical education.

<u>RESPONSE:</u> The Board of Public Education thanks the commenter for her comments.

<u>COMMENT 7:</u> Ms. Patti Steinmuller, MS, RD, CSSD, a sports dietician, submitted testimony in support of the new rules. She stated that the topics covered in the standards are important to address in aiding children and young adults in becoming competent in using nutrition and physical activities to maintain and improve their physical and mental health. She suggested introducing relationships between nutrition and physical activity earlier than grade 4 since the earlier they are discussed the more familiar and meaningful they become. She also suggested addressing energy balance directly starting at grade 3-4 so youth know ways in which nutrition and physical activity can interact to achieve healthy body weights and compositions.

<u>RESPONSE:</u> The Board of Public Education thanks the commenter for her comments.

/s/ Peter Donovan/s/ Sharon CarrollPeter DonovanSharon Carroll, ChairRule ReviewerBoard of Public Education

Certified to the Secretary of State July 25, 2016.